

BREAKFAST

<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>
Ham & Cheese Croissant (P)	Double Chocolate Muffin (V)	Egg & Cheese English Muffin Sandwich	Sausage, Egg & Cheese Breakfast Burrito	Cinnamon Roll (V)
Bagel (V) with Cream Cheese	<u>AVAILABLE DAILY:</u> Fruit & Yogurt Parfait (V)		Variety Cereal Options (V) (GF)	

A VARIETY OF
FRUITS AND
VEGETABLES ARE
OFFERED WITH
EACH MEAL.

We proudly serve a variety of organic and locally grown fruits and vegetables



LUNCH

MONDAY

Kung Pao Chicken & "Unfried" Vegetable Rice

Cheese Quesadilla (V)
with Salsa Cup

HBCSD Cheeseburger
made with regenerative, grass-fed beef

TUESDAY



Cheese Pizza (V)

Pepperoni Pizza (P)

Crispy Chicken Sandwich
Spicy or Regular

WEDNESDAY

Spicy Chicken Tenders & Potato Wedges

Crispy Beef Tacos (GF)
with Salsa Cup

HBCSD Cheeseburger
made with regenerative, grass-fed beef

THURSDAY



Cheese Pizza (V)

Pepperoni Pizza (P)

Crispy Chicken Sandwich
Spicy or Regular

FRIDAY

Boneless Chicken Wings
Dipping Sauces:
Surfer Sauce or Buffalo

Stuffed Cheesy Breadsticks (V)
with Marinara Sauce

All-Beef Hot Dog
made with regenerative, grass-fed beef

AVAILABLE DAILY:

Kale Chicken Caesar Salad

Turkey & Cheddar Sandwich on Ciabatta

Seasoned Vegan Burrito (V)

This institution is an equal opportunity provider
Menu subject to change without notice

(V) Vegetarian (P) Contains Pork
(GF) Gluten-Free