HUNTINGTON BEACH
CITY SCHOOL DISTRICT

SOWERS MIDDLE SCHOOL
26-27 MENU

BREAKFAST

MON	TUE	WED	THU	FRI
Ham & Swiss Cheese Croissant (P)	Double Chocolate Muffin	Buttery Maple Waffle	House-made Turkey Sausage, Cheeddar & Potato Breakfast Burrito	Cinnamon Roll

AVAILABLE DAILY:

Bagel with Cream Cheese

Fruit & Yogurt Parfait

Variety Cereal Options (GF)

A VARIETY OF FRUITS AND VEGETABLES ARE OFFERED WITH EACH MEAL.

We proudly serve a variety of organic and locally grown fruits and vegetables

LUNCH

MONDAY

Teriyaki Chicken Bowl
with unfried vegetable rice & broccoli

Potato & Cheese Mini Tacos (GF)
with salsa

HBCSD Cheeseburger
with grass-fed beef

TUESDAY

Cheese Pizza

Whata Pizza Lotta – The All-American Pizzeria

Pepperoni Pizza (P)

WEDNESDAY

Spicy Chicken Tenders & Potato Wedges

house-made
Birria Burrito
with fresh pico de gallo

HBCSD Cheeseburger
with grass-fed beef

THURSDAY

Cheese Pizza

Whata Pizza Lotta – The All-American Pizzeria

Pepperoni Pizza (P)

FRIDAY

Boneless Wings
Dipping Sauces:
Surfer Sauce or Buffalo

Garlic & Basil
Chicken Meatballs & Marinara
with Garlic Knot

HBCSD Cheeseburger
with grass-fed beef

AVAILABLE DAILY: Chicken Sandwich (Regular or Spicy) | Kale Chicken Caesar Salad | Turkey & Cheddar Hoagie | Seasoned Vegan Burrito

This institution is an equal opportunity provider

Menu subject to change without notice

Vegetarian (P) Contains Pork (GF) Gluten-Free